

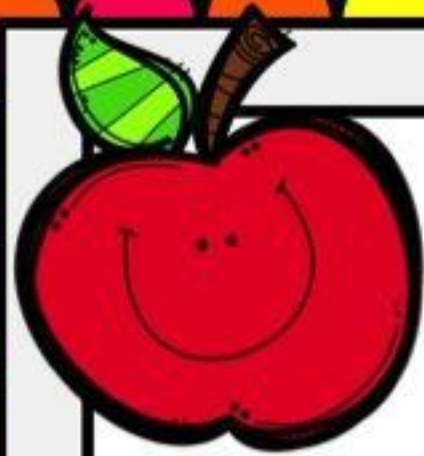
WELCOME

to

Kindergarten

Tissue and Tea





Introducing

Ms. Candice Lewis - School Counselor

Ms. Lindsay Bryant - School Counselor

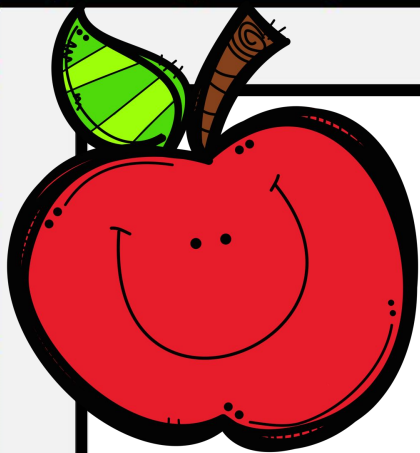
Mrs. Erin May - Principal

Mr. Jared Boyer - Assistant Principal

Ms. Kaylie Kittner - School Psychologist

Ms. Sherry Davis - School Nurse

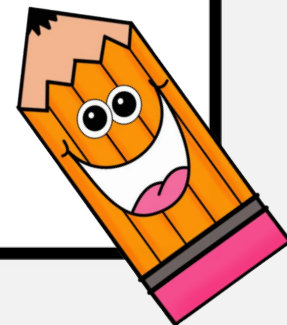
Ms. Mandy MacNaughton - PTA President



Parent Information/Resources

[Olive Chapel Elementary Website](#)

[OCE Counseling Department Website](#)





How can I help my child stay healthy &
what should I do if he/she does get
sick?



When Should I Keep My Child Home from School?



Children should be kept home from school with:

- ✂ Fever of 100 or higher (Should be fever free for 24 hours without medication before returning to school).
- ✂ Nausea, vomiting or diarrhea
- ✂ Severe headache
- ✂ Red, watery eyes with yellow drainage
- ✂ Undiagnosed rash



Attendance is Important!

Did you know?

Missing 10% –or about 2 days each month over the course of a school year– can make it harder to learn to read.

Attending school regularly helps children feel better about school—and themselves. Help your child succeed in school by building this habit early!



Attendance

Please note the following county and state regulations:

- 1. Parents MUST provide a signed note stating the reason for ALL absences and tardies.**
- 2. Absences are considered unexcused if a note is not presented to the school within 3 days of the student's return to school.**
- 3. A principal may require certification from a physician to verify absences for illnesses.**



Attendance

Please contact your school social worker or counselor for help with any problems that may interfere with your child's attendance. We appreciate your cooperation in ensuring that your child attends school regularly. On the next slide is a sample absence note that you may use if you choose.



Attendance

A Note to School

Please excuse _____ from
school on _____. My child was absent due
to _____.

Parent Signature _____

Date _____

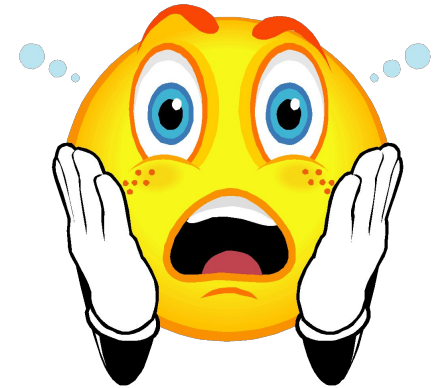
These next days and weeks will be
filled with a lot of emotions.....



How are you feeling???

You're not alone!

It is natural for children to experience
some FEARS ABOUT SCHOOL...



- Who's going to help me?
- Will I miss home?
- Will the other kids like me?
- Will the teacher like me?
- What happens when I have to go to the bathroom?
- Who's going to meet me after school?

Ease those fears by sharing in the
EXCITEMENT!!!

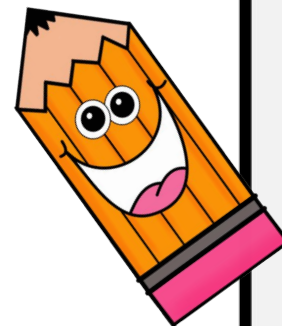


Arrive on time & leave cheerfully.

Be consistent with modes of
transportation & communicate with
the teacher when transportation
changes.



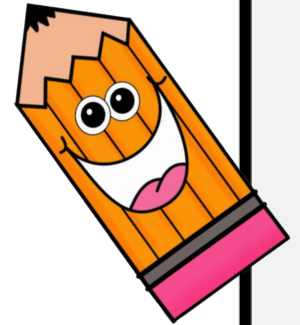
Ease those fears by sharing in
the EXCITEMENT!!!



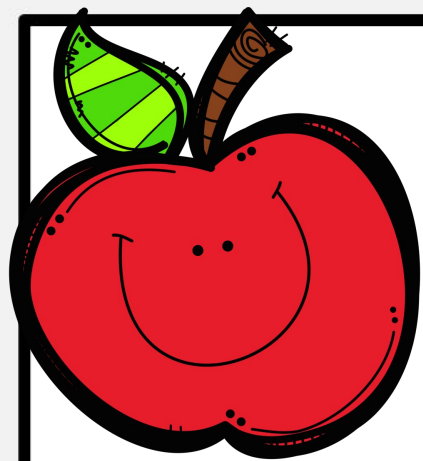
Show your interest by regularly asking about school activities, reviewing Friday folders, & attending school events.

Listen to what your child has to say about what's happening at school and give positive messages by assuring him/her that everything will be okay.

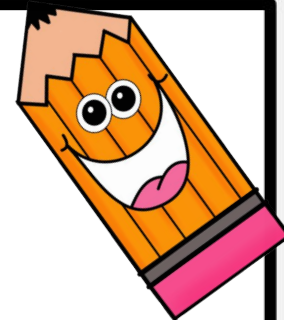
Tips to Ease the Transition



- Practice independent tasks (tying shoes, opening things, etc.)
- Practice a quick entry/departure from the car and being able to fasten/unfasten car seats and saying goodbye to loved ones
- Keep a consistent bedtime routine
 - Read together nightly!

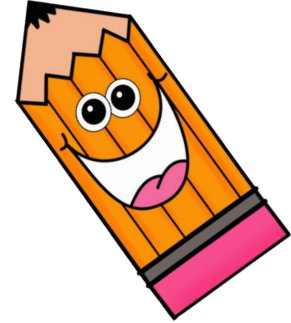


Parent/Teacher Communication

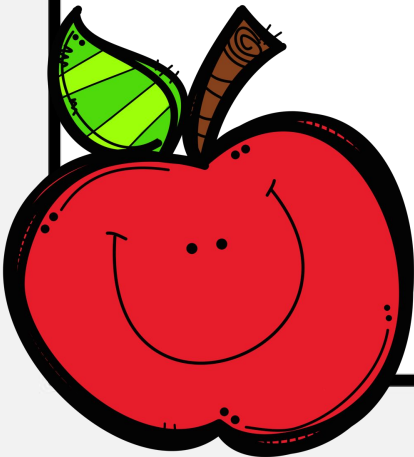


It's essential and should happen informally
(notes, weekly newsletters, email, etc...)
on a regular basis.

Parent/Teacher Communication



Initial Assessments
Report Cards (Quarterly)
Conferences (Fall and Spring)





DAILY SCHEDULE

ELA - English/Language Arts

Lunch

Math

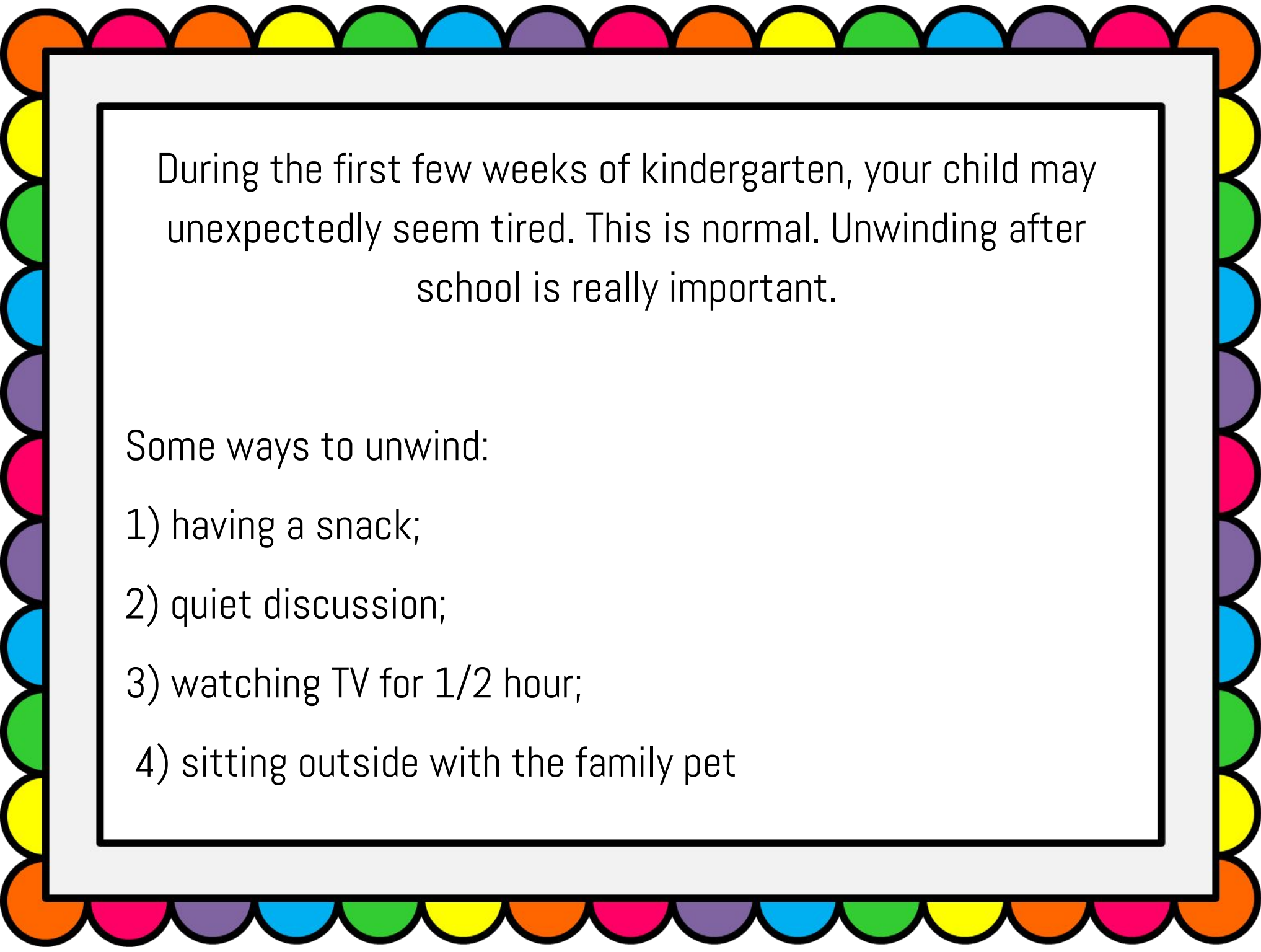
Science/Social Studies

Recess

Specials

SPECIALS

- Art
- Music
- Physical Education
- STEM –Science/Technology/Engineering/Math
- Drama
- Science
- Counselor Lessons - Q1 & Q3
- Media - Q2 & Q4



During the first few weeks of kindergarten, your child may unexpectedly seem tired. This is normal. Unwinding after school is really important.

Some ways to unwind:

- 1) having a snack;
- 2) quiet discussion;
- 3) watching TV for 1/2 hour;
- 4) sitting outside with the family pet

Classroom Counselor Lessons

- Second Step
- Listening/Manners
- Feelings/Coping Skills
- Empathy/Kindness
- Friendship/Social Skills
- Conflict Resolution
- Bullying
- Careers
- and more!

Social Adjustments

Getting along socially with classmates is an integral part of kindergarten. It's inevitable that your child will experience some disappointment in his/her new world.

How to help:

Get your child to talk by asking questions:

- 1) What was the most surprising thing you learned today?;
- 2) What did you do during center time?;
- 3) Who was with you during center time?

Social Adjustments

How to help:

- Set up playdates with other kindergarten students. Structure this time so the child does not have to come up with ideas on the spot.
- Try to let your child handle their own relationship issues/conflicts with others, even though you may want to help. Give them a chance to try to solve the problem themselves.

Counseling Program at OCE

→ *Short-term individual and small group counseling:*

- ◆ 4-6 times on particular issue such as:
 - Peer relationships, feelings/coping skills, divorce, death and loss, academic/study habits, and attendance issues
- ◆ Referrals to outside providers if long-term counseling is needed

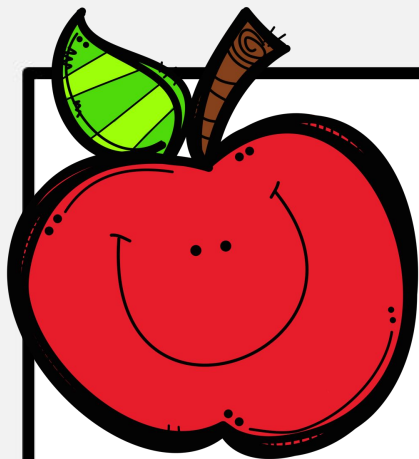
Counseling Program at OCE

→ *How do students meet with the counselor?*

- ◆ Self-referral
- ◆ Parent referral
- ◆ Teacher referral

→ *Why do students/parents contact the school counselor?*

- ◆ To talk about feelings, thoughts, or concerns regarding social/emotional issues such as friendship, family, anxiety or academic issues such as organization and study skills.



We're here for you!!

Olive Chapel Elementary
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Follow @CounselorsOce



Before you leave
today...

Any
Questions?

Kindergarten
is great!

